



Minutes of Board of Trustees

Meeting

FINAL

**Thursday, February 27, 2025 8:00 AM
Work Session**

The following Trustees were present and a quorum was met:

**Ryan Hackmann, Chairperson
David Coolidge, Vice-Chairperson
Linda Watson, Treasurer
Gary Neiss
Jessica Vaughan
Misty Hatch
Eric Lillis
Kristie Allen
Megan Poe
Danielle Nelson
Katie Melser
Kelsi Miller
Gus Lundberg
Pamela Galvan**

**Desert View Schools
City of Winslow
City of Page
Town of Carefree
Town of Eagar
City of Holbrook
Kingman Academy of Learning
Pine-Strawberry Water Improvement District
Town of Parker
City of Safford
Town of Snowflake
Town of Springerville
Town of Taylor
City of Williams**

The following Alternate Trustees were present:

**Kristen Krey
Kara Solis
Randy Sullivan
Amy Hunt
Rachell French
Nora Yackley
Morgan Motz
Brian Richards
Heidi Wink
Cindy Lee
Marcie Pawlik
Sandy Jones
Kelley Pugh**

**Town of Carefree
Town of Eagar
City of Holbrook
Kingman Academy of Learning
City of Page
Town of Parker
Pine-Strawberry Water Improvement District
Town of Snowflake
Town of Springerville
City of St. Johns
Town of Taylor
Town of Wellton
City of Winslow**

The following Vendors were present:

**Lindsay Barrett
Jennifer Huppenthal
Lynn Harris
Rachele Martin
Michele Domash
Michael Reich
John Hatz
Tori Hudson
Jaime Schulenberg
Amanda Weaver**

**American Health Group
American Health Group
Ameritas
Blue Cross Blue Shield of Arizona
Cheiron
Cheiron
Gallagher
Gallagher
Gallagher
Gallagher**

Michael Hensley
Rick Cajthaml
Marina Phillips-Waddle
Bryan Espinoza
Lisa Thompson
Bill Ochs
Will White
Stacey Bullock

Jones, Skelton & Hochuli
Meritain
Meritain
Navitus
Navitus
Ochs, Inc.
Ochs, Inc
PlanSource

The following Guests were present:

Sandra Arreguin
Brannon Eagar
Darren Coldwell
Timothy Hinton
Mary Miranda

Desert View Schools
Town of Eagar
City of Page
City of St. Johns
Town of Wellton

1. Call to Order

Ryan Hackmann, Rural Arizona Group Health Trust (RAGHT) Chairperson, called the meeting to order at 8:06 am.

2. Opening Remarks and Introductions

Ryan Hackmann, Trust Chairperson and John Hatz, Gallagher began the meeting by thanking everyone for coming. All Trustees and vendors introduced themselves.

3. Administrative Review and Client Strategic Planning

Jaime Schulenberg, Gallagher, provided an overview of Scope of Services, RAGHT Annual Service Calendar, 2024-2025 Recap and 2025-2026 Strategic Objectives.

4. Trustee Training

Michael Hensley, Jones, Skelton & Hochuli, discussed with Trustees their roles and responsibilities as a Trustee for Rural Arizona Group Health Trust.

5. Medical Review Claims Overview

Rick Cajthaml, Meritain, gave an update of RAGHT's Medical Claims for the period of January 2024 through December 2024, noting the Per Member Per Month average is \$457 and the Employee cost share was 15.8%. The average medical savings is 55.8%. Rick also provided an update on how the Aetna Network is running and also utilization of Teladoc services.

6. Blue Cross Blue Shield of Arizona Overview/Discount and Utilization Review

Rachele Martin provided a brief overview of discount savings for the 2024 Calendar Year; Total Billed \$24,717,761 and Total Savings of \$13,112,990. Rachele also discussed Community Partnerships and Programs.

7. Prescription Drug Review and Insights

Bryan Espinoza and Lisa Thompson of Navitus gave the Trust an update on Prescription utilization for October 2023 – September 2024 noting the Per Member Per Month average is \$33.17, Specialty Percent of Plan Paid is 42.1% and Generic Dispensing Rate is 88.6%.

8. Medical Management Overview/Patient Advocacy Services Proposal

Jennifer Huppenthal provided an update on Utilization Review and Case Management Services, which showed an estimated savings of \$291,200 for Acute Inpatient Admissions. Jennifer also discussed Patient Advocacy which was implemented July 01, 2024 showing 25% engagement.

9. Dental & Vision Network

Lynn Harris with Ameritas provided an overview of how the dental and vision network have run since the 2024 Calendar Year, noting preventative decreased by 43.89%, Basic Services increased by 32.72%, Major increased by 14.35% and Orthodontia increased by 9.02% from the previous year.

10. Wellness Program Review and Cost Share Waiver Program

Tori Hudson, Gallagher, updated Trustees on the Wellness Programs offered in 2024. Tori also discussed with Trustees that since Omada was implemented in 2018, claims have not decreased for Diabetes, Prediabetes, Hypertension or Obesity. Tori discussed moving to a new program. Digbi Health, that is not a targeted approach and more holistic.

11. Digbi Health Program Presentation

Phillip Hampton, Digbi Health, provided an overview of the program which is a Genetic, Gut Microbiome and Blood Sugar Test that identifies the cause of conditions. The program would provide more of a holistic approach targeting those Covered Members that qualify.

12. Basic Life/Additional Life & Short Term Disability Review & Voluntary Term Life Proposal

Bill Ochs with Ochs Inc. provided an overview of the Employer Basic Life, Voluntary Term Life and the Voluntary Short-Term Disability. Bill also noted that although there was a loss of 4% due to Life Claims, Securian was able to offer a rate pass for a 3-Year renewal.

13. RAGHT Financial Status through December 31, 2024

Amanda Weaver, Gallagher, reviewed the Trust's financial status through December 31, 2024, discussing with Trustees that over a 22-year period the Trust has averaged a 4.5% increase. Amanda also noted that the Trust is running well and has showed a gain of \$1.9M in the first half of the Plan Year and Large Claimants are 25.74% of the total Medical/Prescription cost.

14. Recommended Claim Funding Rates for 2025-2026 and Pricing of Benefit Change Options

Michael Reich and Michele Domash, Cheiron, reviewed with Trustees how the claim funding amounts were formulated for the upcoming Plan Year and presented Cheiron's recommended funding factors for the 2025-2026 Plan Year stating a 5.1% Recommended Increase for Medical/Prescription and no increase for Dental and Vision.

15. 2025-2026 Renewal Discussion & Benefit Building Trustee Budget Workshop & Discussion

Jaime Schulenberg, Gallagher, explained to Trustees all of the components that make up the Trust's budget and provided an overview of benefit change options for the EPO and HDHP Plans. Gallagher and Cheiron went through the benefit pricing and the financial impact of each for Trustees to make a final decision at the Trust Meeting.

16. Adjournment

Ryan Hackmann, RAGHT Chairperson, requested a motion for adjournment. Linda Watson made a motion to adjourn the meeting at 2:18 p.m. Gus Lundberg seconded.